

## Checklist for the identification of dyslexia in adults

Thank you for helping with our research and completing our questionnaire. We hope that as a result of your efforts we shall be able to provide a good checklist for the identification of dyslexia in adults as well as an indication of preferred learning styles. Please note that in order to make this research of good quality, we need respondents that are dyslexic and non-dyslexic. Completed questionnaires should be sent to the correspondence address given at the end of the last page.

Please answer every question. If in doubt put the answer that you feel is true most often.

1. When writing, do you avoid using some words because you cannot spell them?  
 Rarely                       Occasionally                       Often                       Most of the time

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2. Is filling in forms a problem for you?  
 Rarely                       Occasionally                       Often                       Most of the time

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3. Do you read books for pleasure?  
 Rarely                       Occasionally                       Often                       Most of the time

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4. How easy for you is it to speak a foreign language?  
 Very easy                       Easy                       Difficult                       Very difficult

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5. How easy is it for you to learn to write a foreign language?  
 Very easy                       Easy                       Difficult                       Very difficult

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6. How easy do you find it to recite the alphabet?  
 Very easy                       Easy                       Difficult                       Very difficult

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7. How easy do you find it to sound out words? (E.g. el-e-phant)  
 Very easy                       Easy                       Difficult                       Very difficult

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8. How easy do you find it to make/understand plays on words?  
Type 1: Hush my brat instead of Brush my hat.  
 Very easy                       Easy                       Difficult                       Very difficult

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- Type 2: I am not under the affluence of alcohol (should be influence)  
 Very easy                       Easy                       Difficult                       Very difficult

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- Type 3: Dog and bone for phone  
 Very easy                       Easy                       Difficult                       Very difficult

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9. Do you get confused when given several instructions at once?  
 Rarely                       Occasionally                       Often                       Most of the time

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10. Do you make mistakes when taking down telephone messages?  
 Rarely                       Occasionally                       Often                       Most of the time

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11. If asked to repeat a phone number you have just heard, do you mix up or miss out numbers?  
 Rarely                       Occasionally                       Often                       Most of the time

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12. Do you mispronounce long words?  
 Rarely                       Occasionally                       Often                       Most of the time

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13. Do you mix up numbers, like 95 and 59?  
 Rarely                       Occasionally                       Often                       Most of the time

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14. Do you forget people's names even though you have just been told them?  
 Rarely                       Occasionally                       Often                       Most of the time

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15. Do you lose your place or miss out lines when reading?  
 Rarely                       Occasionally                       Often                       Most of the time

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16. Do you make mistakes copying things down?  
 Rarely       Occasionally       Often       Most of the time
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17. If you had a choice would you prefer instructions to be given verbally, written down or in diagrams?  
 Verbally       Written down       Diagrams
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18. Do you find words jump around on the page?  
 Rarely       Occasionally       Often       Most of the time
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19. Do you find your vision blurred when trying to look at fine details such as on a map?  
 Rarely       Occasionally       Often       Most of the time
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20. How easy do you find visualising an object or pattern that you have just seen?  
 Very easy       Easy       Difficult       Very difficult
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21. What do you consider your reading speed to be?  
 Fast       Average       Slow       Very slow
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22. Do you make lots of mistakes when required to think fast?  
 Rarely       Occasionally       Often       Most of the time
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23. Would you say you speak slowly and carefully?  
 Rarely       Occasionally       Often       Most of the time
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24. Do you enjoy pastimes that require manual dexterity (e.g. basketball, netball, jigsaws)?  
 Rarely       Occasionally       Often       Most of the time
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25. Would you say you are clumsy?  
 Rarely       Occasionally       Often       Most of the time
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26. Do you confuse words when saying them, such as “lampshade” for “lamppost”  
 Rarely       Occasionally       Often       Most of the time
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27. Do you confuse visually similar words when reading (e.g. tan,ton)?  
 Rarely       Occasionally       Often       Most of the time
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28. Do you find it difficult to find the right word to say in everyday conversation?  
 Rarely       Occasionally       Often       Most of the time
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29. Do you confuse the names of things, such as objects (for example table for chair)?  
 Rarely       Occasionally       Often       Most of the time
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30. When reading, do you mistake a word for one which means something similar, such as doctor for nurse?  
 Rarely       Occasionally       Often       Most of the time
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31. When writing do you find it difficult to organise your thoughts on paper?  
 Rarely       Occasionally       Often       Most of the time
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32. How often do you obtain a wrong number when using the telephone?  
 Rarely       Occasionally       Often       Most of the time
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33. Are you told your handwriting is difficult to read?  
 Rarely       Occasionally       Often       Most of the time
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34. Did you find yourself being one of the last to be chosen for a side in a team sport?  
 Rarely       Occasionally       Often       Most of the time
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35. Do you have difficulty telling left from right?  
 Rarely       Occasionally       Often       Most of the time
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36. Is map reading or finding your way to a strange place confusing?  
 Rarely       Occasionally       Often       Most of the time
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